

Indigenous Theatre Outreach

Indigenous-Led Drama Programs for K-12

Are you an educator looking for an Indigenous-led program that will engage your students?

Nova Courchene specializes in dynamic and supportive theatre education workshops designed to spark creativity in youth of all backgrounds. As an Indigenous-led facilitator, Nova brings a unique perspective that fosters imagination, storytelling, and self-expression.



Workshop Offerings

Traditional Storytelling & Theatre Tied to the Land

Students express themselves through puppetry and play, and learn how different Indigenous communities in Manitoba plan their year around the thirteen moons and seasonal changes.

Embodying the Seven Teachings Through Theatre

Many Indigenous communities across Turtle Island honour the Seven Sacred Teachings: Humility, Respect, Courage, Wisdom, Love, Honesty, and Truth. Students will explore these Teachings using the actors' tools of voice, body and imagination.

Exploring Tricksters Through Storytelling

Indigenous communities across Turtle Island tell stories of the Trickster. Students will learn about traditional storytelling through legends, teachings and personal stories, and use mask to explore the stories of Tricksters and the animal forms they may take.

Capacity: up to 25 students per workshop

Length: minimum of 2 hours **Cost:** \$230/hour + GST

Location: at your school or Manitoba Theatre

for Young People

Week-Long Drama Programs

Partner with Indigenous Theatre for Youth and watch your students thrive! This Indigenous-led program fosters confidence and theatrical skills through voice, movement, and improvisation. Students explore storytelling, and engage in drama exercises incorporating Indigenous languages and ways of knowing. The week concludes with a showcase celebrating connections and shared knowledge.

With Nova, you can expect plenty of laughter, fun, and meaningful growth for every participant!

Capacity: up to 12 students per group

Length: 25-30 hours

Cost: \$255/hour + GST, plus planning, travel and

accommodation fees **Location:** at your school

For inquiries, or to book a workshop, contact *Nova Courchene* at ncour008@gmail.com

