

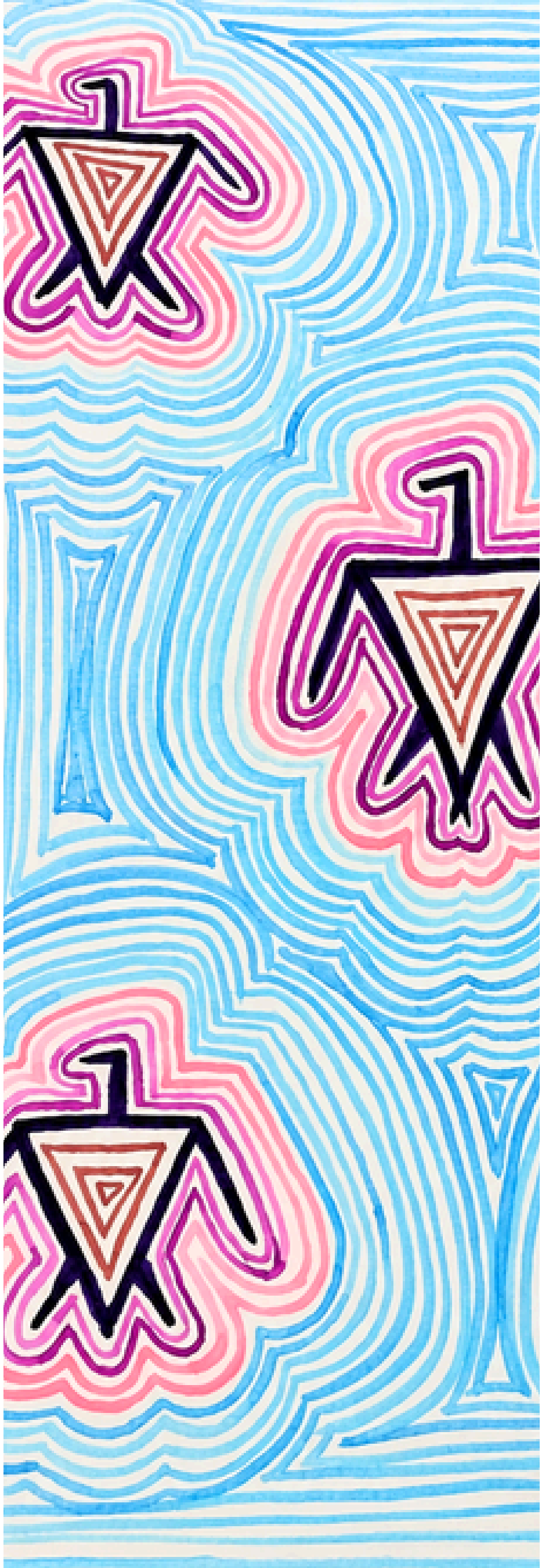
Indigenous Artist & Arts Educator

Water Colour WORKSHOPS

with Nova Courchene

Now accepting bookings!





Indigenous Artist & Arts Educator

Water Colour WORKSHOPS

Meditative · Creative · Restorative

A calm, guided watercolour painting experience using *Ojibwe Clan Animal Teachings* or *7 Animals Teaching* as reflective prompts, using Zentangle-inspired patterns with simple, repetitive paint strokes that support relaxation and focus.

NO ART EXPERIENCE REQUIRED.

Format & Rate

2-Hour Facilitated Workshop

Offered as a one-time session

Rate:

$950 Flat Rate

(All materials, setup, and cleanup included)

Book Now

1 (431) 337-8861

ncour008@gmail.com



Indigenous Artist & Arts Educator

Nova Courchene

VISUAL & GRAPHIC ARTIST | PAINTER

Nova Courchene is a visual artist and painter whose practice centres calm, reflective creative processes and community-based engagement. She creates artwork and facilitates art experiences that support slowing down, focus and accessibility. Drawing on pattern, colour, and repetition as tools for presence and care. Her work spans painting, mural art, illustration, and guided workshops designed for a wide range of ages and settings.

Nova's practice is informed by ongoing ceremony, traditional learning, and Indigenous ways of knowing. With family ties to Rolling River First Nation and Sagkeeng First Nation, her work honours relationship, responsibility, and personal pace. With extensive experience working across Indigenous, educational, and community spaces, Nova creates environments where participants are invited to engage quietly, reflectively, and on their own terms.

Book Now

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